

**“HaVidui Ha-Mashlim” ~ Ahavnu, We Have Loved**

*Complimentary Confession by Rabbi Binyamin Holtzman*

*inspired by HaRav Kook to balance the Vidui*

**הוֹדוּי הַמַּשְׁלִים**

**Ahavnu** - We have loved,  
**Bachinu** - we have cried,  
**Gamalnu** - we have given back,  
**Dibarnu yofi** - we have spoken great things!

**He’emanu** - We have believed,  
**v’Hish’tadalnu** - and we tried  
to give our best effort,  
**Zacharnu** - we have remembered,  
**Chibaknu** - we have embraced,  
**Ta’amnu Sefer** - we have chanted Your book!

**Yatzarnu** - We have created,  
**Camahanu** - we have yearned,  
**Lachamnu avur ha-tzedek** - we have fought for justice!  
**Mitzinu et ha-tov** - We have exhausted all the good we could do.

**Nisinu** - We have tried,  
**Sarnu lirot** - we have turned aside to see,  
**Asinu asher tzivitanu** - we have done as You have commanded us!  
**Peirashnu** - We have expounded Torah.

**Tzadaknu, lifamim** - We have been righteous, sometimes,  
**Karanu b’shimcha** - we have called out in Your Name!  
**Ratzinu** - We have been steadfast in our will,  
**Samachnu** - we have rejoiced,  
**Tamachnu** - we have supported one another.

אָהַבְנוּ, בָּכִינוּ, גָּמַלְנוּ, דִּבַּרְנוּ יָפִי. הָאֱמַנּוּ,  
וְהִשְׁתַּדַּלְנוּ, זָכַרְנוּ, חִבַּקְנוּ, טָעַמְנוּ סֵפֶר. יָצַרְנוּ,  
כָּמַחְנוּ, לָחַמְנוּ עֲבוּר הַצְּדָק, מִצִּינוּ אֶת הַטּוֹב,  
נִסִּינוּ, סָרְנוּ לְרֵאוֹת, עָשִׂינוּ אֲשֶׁר צִוִּיתָנוּ. פָּרַשְׁנוּ,  
צִדְקָנוּ לַפְעָמִים, קָרָאנוּ בְּשִׁמְךָ. רָצִינוּ, שָׂמַחְנוּ,  
תָּמַחְנוּ.

הרב קוק, עין אי"ה, מסכת מעשר שני פרק ז משנה י  
... על כן, כשם שיש תועלת גדולה לתיקון הנפש בוידוי העוונות ...  
גם כן בוידוי המצוות, למען ישמח בהם בלבבו, ויחזק ארחות חיו  
בדרך ה'.

**Rav Kook, Ayn Aya commentary (tractate Maaser Sheni, Chapter 7, Mishnah 10):**

... Therefore, just as there is great value to the repair of the soul by the confession of sins ... there is also great value by the confession of mitzvot (our positive deeds), in order to gladden the heart and strengthen the paths of life in the way of God.

*Translated by Rabbi Joseph B. Meszler, adapted by Rabbi Riqi Kosovske*